



To whom it may concern,

_____ attended today for a general health check on the _____,
at their place of employment.

Blood pressure readings were taken and a finger prick test has been carried out to estimate cholesterol and glucose readings.

I have advised the client that their reading has fallen above the government recommended guidelines and have given them an information sheet regards this and I have asked them to make an appointment at their local GP surgery when possible to follow this up.

BP Reading	
Cholesterol Spot Test	
Glucose Spot Test	

I have explained to the client that Cholesterol results can be subjective and are only an estimate of your total cholesterol level. While the test is often accurate, it should not be used as a substitute for their health care provider's assessment.

Kind Regards,

Signed (Practitioner)
Sr Sian Reynolds RGN

Signed (Client)